THE HUB
STATEMENT OF PURPOSE
The Hub is a combination of dedicated services with the sole aim of creating positive outcomes for children and young adults with disabilities. It provides a central point for the co-ordination of our community based services and are accessible to all vulnerable children, young people and their families as and when they feel they need them. They can be purchased directly by the individual, parents or carers who manage their own personal budgets.

We have different services in the Hub, that provide their own unique support tailored to meet a child or young adult and their family's needs.

**Home and Community Support**

Our home and community support offers a flexible service that can support and assist in the care of disabled children and young people.

These services include:

- Support in the Home
- Sitting Service
- Holiday Support
- Community Support / Buddying Support
- Activity Support
- Developing Independence

We create a bespoke package to meet your family’s requirements and alleviate the frequent strains and stresses you can experience, allowing you and your family to concentrate on enjoying your lives. Our home support is available 24 hours a day, 7 days a week so there are no time restrictions and the service can be as adaptable as you need it to be.

Progress are dedicated to inspiring and empowering people to achieve great things including helping young people to find employment, training or provide the required support to develop their skill set. There is also the opportunity to access the community clubs and activities we offer on a regular basis.

Our approach is through enabling learning and development, whether that be supporting a child to develop the social skills necessary to access universal services independently, or developing life skills through to supporting a family through a difficult time by helping them to build resilience and circles of support. It may be to help a family to enjoy their time together as a family without the pressure of day to day caring responsibilities

**Everyone Benefits from a Break**

At Progress we recognise that children and their families sometimes need a break, a change of scenery and the chance to have some fun. This could be time out doing something completely different, enjoying space to be themselves or meeting with other young people who share similar life challenges.

For parents, a break is also chance to temporarily switch off, recharge batteries, and spend quality time alone. Of course that’s only possible if you know your child is being well cared for.

**Progress short breaks** come in a variety of forms, all of them include the reassurance of our excellent care and support.
Residential short breaks where the staff are highly skilled and trained to meet the needs of young people with wide ranging disabilities and complex care needs.

Family-based short breaks with our registered Specialist Foster Carers. Our foster families are trained to meet the needs of your child prior to their stay. Each family is unique and, following careful matching, offers a different experience for each child.

Independence breaks. At Progress we can help your child on their journey to independence. Our residential and supported living breaks for young people aged 16 plus to test the waters and get a feel for what the future holds. Each break is bespoke and we encourage young people to build on their friendships and to take a break with these friends – always focusing on experiences that will develop independent life skills.

All our services (regulated and unregulated) operate to the same high standards required by Ofsted and The Care Quality Commission to give you peace of mind and reassurance that we’re committed to the highest standards.

Activity Clubs and Support Groups

Our community based activities give children and young people with disabilities the opportunity to access a wide range of events and clubs which are well planned and facilitated within the community by trained staff.

Our activity groups are regulated through Ofsted and operate under specific guidance to ensure we meet the regulations.

The services encompass a wide range of related activities to suit all ages and include:

- Saturday Clubs
- Youth Clubs
- Holiday Clubs
- After School Clubs
- Music and Dance Groups
- Special Events throughout the year

This community based resource offers children and young people the chance to meet friends and socialise on a regular basis whilst also providing support to parents and carers.

There are a variety of activities that young people can participate in and we aim to tailor each timetable to fulfil as much as possible including arts and crafts, sports, dance, theme work, toys, games, books, computers and much more. The aim of our activity groups is to enable children and young people to achieve positive outcomes.
Hub Living

Everyone has the right to live independently. Hub Living gives young adults with additional needs the opportunity to experience what getting their own place might be like for real.

As part of a carefully mapped-out journey towards independence, a short stay in one of our fully equipped training flats builds confidence and develops everyday life skills such as planning the shopping, preparing meals and carrying out household chores.

Of course we all know that life rarely goes to plan. Hub Living allows our team of key workers to troubleshoot any challenges that may occur and to plan the steps required to help you get to where you want to be in life.